



# A haven of tranquility & relaxation where peace comes dropping slowly.

Welcome to The Spa at the Shearwater Hotel Ballinasloe.

The Spa is a place where you can escape, relax & unwind into a tranquil world and leave all your worries at our front door.

We can cater for all your needs by using two fantastic brands – Image Skincare & Yon-ka Paris.

Here at The Spa in the Shearwater we pride ourselves in providing our clients with the best quality & results driven products & treatments. We boast a wide range of products and treatments and can assure you that whatever your needs we can provide a treatment or product to suit you. You will leave feeling relaxed, rejuvenated and revived.

Expert skincare, body therapies and unique massage techniques are combined for maximum results and at The Spa we can ensure you are given the wow factor in all of our treatments.







### **Facials**

### Le Grande Classique

60-min. €80

A deep pore cleansing, restoring & relaxing facial which is customised for you and recommended at any age. This is a corner stone facial to indulge in once a month to keep skin healthy and in top condition and it will leave you with clean, perfectly balanced and radiant complexion.

### Hydralessence

60-min. €80

A deeply hydrating facial. Your skin becomes supple and soft with wrinkles & lines smoothed, leaving you with glowing revitalised skin.

Suited to all dehydrated skins at any time of the year.

#### Time Resist

60-min. €85

Stem cell facial. Time defying, wrinkle ffiller and anti fatigue facial.

Suitable for skin with deep wrinkles, loss of elasticity and the treatment reffines skin texture and boosts overall cell renewal.

### Massages

Aroma Luxe	60-min.	€85
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Relaxing Full Body massage.

Deep Tissue Full Body 60-min. €90

Deep tissue back, neck & shoulder

30-min. €60

Mum to Be pregnancy

Massage 60-min. €90

### **Escale Beaute**

30-min. €55

Aromatic Facial for purity, hydration or antiaging. Suitable for all skin types. A quick treat to revive the skin. A perfect introduction to a Yonka facial.







# **Body Scrubs**

### Gentle Scrub

40-min. €55

With apricot and mango butter which gently exfoliates the skin leaving it soft, silk and moisturised.

### Sugar Scrub

40-min. €55

A nourishing scrub with two sugars, rich in nutritious oils leaving the skin smooth & radiant.

#### Marine Scrub

40-min. €55

An intense re-mineralizing scrub with Sea salt leaving your skin thoroughly exfoliated and glowing.

## Wellness Escapes

### Getaway to Provence

90-min. €I20

Rebalancing and calming treatment with a gentle scrub followed by a full body relaxing massage.

#### Corsican Delight

90-min. €I20

Revitalising two sugar scrub & rebalancing full body massage with shiatsu acupressure points on hands and feet to release you from stress and banishes fatigue.

### A walk in the forest

90-min. €I20

An invigorating sea salt scrub and toning full body massage with bamboo sculpting massage on legs.

### Polynesian Journey

90-min. €I30

A delightful exfoliation combining two sugar scrubs and relaxing full body massage with hot stone massage on the back which enables your mind and body to totally unwind.

## Spa Packages

### The Spa Signature Package I-hr. €75

Relaxing, back, neck & shoulder massage, Yonka Escale Beaute facial and hand & arm massage. (Available Sun-Thursday) Supplement of €10 applies Fri and Sat

### Recharge & Glow Package I-hr. 25-min. €85

Deeply relaxing full body massage and Yonka Escale Beaute facial with tension relieving scalp massage.
(Available Sun-Thursday) Supplement of €10 applies Fri and Sat

### Mum to be specialised Package 2-hr. €140

A full body pregnancy massage, followed by one of our facials to suit your skin.

### Pampered Escape

I-hr. 25-min. €89

Yonka Le Grande Classique Facial and deep tissue back, neck and shoulder massage.

# Girly Getaway

I-hr. 25-min.

€399

Yonka Le Grande Classique Facial and deep tissue back, neck and shoulder massage with hot stones.

Including afternoon tea and a glass of Prosecco.

\*Minimum of 4 people

\*Subject to availability, T & C apply

All treatments include bathrobes, slippers and full use of our Relaxation Suite, 20m Pool, Sauna Jacuzzi and Steam room. We recommend using the leisure facilities prior to your treatment.

### Upgrade any of our packages to include:

- Afternoon Tea €15pp
- Light Lunch from €12pp
- Glass of Prosecco €5







## Image Clinical Facials

### Illuminating Facial

50-min. €85

Clarity in an instant. A clinical result driven facial designed to give a beautiful luminosity, radiance and glow. Ideal as a quick ffix pre-event facial.

### The MAX Stem Cell Facial 50-min. €85

An anti-ageing, redness diffusing active facial.

A must have pre-event facial adored by brides worldwide.

It is the perfect balance between a gentle peel and a therapeutic facial and is designed to target wrinkles, elasticity and dull skin using the latest stem cell technology.

### Be Clear Purifying Facial 50-min. €85

Inhibit the spots, increase the conffidence. An ideal teen facial or mild preventative acne-formation treatment. It is a deep cleanse on a cellular level.

### Antioxidant Anti-ageing facial 50-min. €85

Replenish what your lifestyle diminishes A vitamin infused facial which delivers, tightening, lightning, brightening and nourishing hydration leaving you feeling refreshed and renewed.

## Image Aesthetic Peels

### Ormedic Lift

30-min. €100

Nutrition in a bottle. This treatment is a non-chemical peel that rebalances, regenerates, restores and soothes your skin with organic ingredients. It is a cocktail for skin health. A course is always recommended for optimum results.

### Signature Facelift

30-min. €100

An anti-redness, anti-inflammatory, anti-pigment, collagen creating, rosacea suited all-round peel. A course is always recommended for optimum results.

### Lightning Lift

30-min. €I00

Reveals a lighter, brighter you. Ultra-lightning treatment which balances your complexion, reduces sun spots, brown spots and redness caused by rosacea and acne scarring leaving you with silky smooth and supple skin. A course is always recommended for optimum results.

#### Wrinkle Lift

30-min. €100

Peel away the years with instant results in a bottle. A resurfacing glycolic and retinol treatment that exfoliates dead surface skin cells and improves circulation, leaving skin ffirmer and healthier. A course is always recommended for optimum results.

### Acne lift

30-min. €100

Antibacterial, anti-inflammatory and antiseptic benefits to fragile compromised and reactive skin. Reducing and treating all kinds of acne while resurfacing and smoothing the skin after just one treatment. A course is always recommended for optimum results.

### Special Course Offer

Buy a course of 3 Image peels and receive the 4th peel free  $\in$ 300 (saving of  $\in$ 100)

Buy a course of 5 Image peels and receive the 6th peel free  $\in$ 500 (saving of  $\in$ 100)

If you would like to book in for any of our Image treatments please book in for a consultation prior to booking your treatment.







## Beauty at the Spa

### Tanning

Full Body Tan €25 Half Body Tan €15

### Make up

Make up application €30 Individual lashes €15 Strip lashes €10 Make up and lashes €40

### Waxing

Lip Wax €10
Chin Wax €10
Lip & Chin €15
Sides of Face Wax €12
Underarm Wax €15
Arm Wax €20
Half Leg Wax €20
Full Leg Wax €35
Full Leg & Standard Bikini Wax €45
Standard Bikini €20
Californian Wax €30
Brazilian Wax €45
Hollywood Wax €50

### **Eye Treatments**

Eyelash Tint €12 Eyebrow Shape €12 Eyebrow Tint €12 Eye Combo €25 Eye brow Shape and Tint €20

### Nails

Luxury Pedicure €50 Luxury Manicure €40 Mini Pedicure €35 Mini Manicure €25 Shellac €30 Add Shellac to Mani/Pedi €15 File & Polish €20 French File & polish €22

### **Threading**

Eyebrow Thread €19 Lip or Chin Thread €12 Sides of Face Thread €15 Lip & Chin Thread €15





# Etiquette at the spa General Information

- Please arrive 15 minutes early for your appointment
- Please book as far in advance as possible All guests of the Spa can avail of our complimentary leisure facilities please provide your own swim wear
  - Please note Spa facilities available to clients over 17 years of age
  - Arriving late will cheat you of precious minutes of your treatments
    - Wear comfortable, loose and easy to change clothes
  - Please leave your valuables at home or in a safe as we are not responsible for lost items
    - Mobile phones are strictly prohibited
    - Upon completion of your therapy your therapist will advise you on homecare
      - We stock an impressive range of lifestyle products
      - Relaxation quiet room, please respect the silence
  - At the spa we require credit card details or voucher details to secure all bookings made.
- We have a strict cancellation policy of 24 hours. We ask that if you need to amend your booking or if you wish to cancel that you give us 24 hours notice, with large groups of 3 or more we require 48 hours notice if you wish to cancel or amend a booking.
- If you fail to cancel your booking within 24/48 hours a 50% charge will be incurred to your credit card. No shows will be charged the full amount to your credit card, billed to your room charge or charged on your next visit.
  - Our hotel has a strict Stay Safe policy and it can be viewed on our hotel website.







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