



SHEARWATER

HOTEL & SPA



CANAL BAR

STARTERS

Freshly Made Soup of the Day €6.95

Served with Homemade Brown Bread

(Contains Allergen Wheat (Bread Roll) Milk, Sulphites, Celery)

Cajun Chicken Caesar Salad Starter €9.50 / Main €15.95

Crispy Bacon, Gem Lettuce, Parmesan Shavings, Garlic Croutons, Homemade Caesar Dressing.

(Contains allergen Fish, Wheat, Milk, Egg, Sulphur Dioxide, Mustard)

Super Salad €10.95

Mixed Leaf, Vegan Cheese, Olives, Quinoa, Beetroot, Grated Carrots, Dried Cranberries, Sun Flower and Pumpkin Seeds, Sun Dried Tomatoes.

(Contains Allergen Soya, Celery, Mustard)

Vegan Option Available

Duck Spring Rolls €10.95

Mixed Garden Salad, Hoi Sin & Ginger dipping Sauce

(Contains Allergen Wheat, Barley, Soya, Sesame, Mustard, Sulphite)

Deep Fried Brie €10.95

Cranberry Sauce, Garden Salad.

(Contains Allergen Wheat, Egg, Milk, Mustard)

Goat's Cheese Tartlet €10.95

Roasted Mediterranean Vegetables, Fig Chutney in a Filo Pastry

(Contains Allergen Wheat, Goats, Milk, Egg, Celery)

Crispy Chicken Wings Starter €9.95 / Main €15.95

Chicken Wings tossed in Sauce of your choice: BBQ or Spicy.

Served with Blue Cheese Dip.

(Contains allergen Soya, Milk, Sulphur Dioxide, Egg, Mustard, Sesame, Celery, Wheat)

Charcuterie Board for Two €19.95

A Sweet & Savoury selection of Cheeses, Cold Meats, Marinated Olives, Crackers, Chutney and Fruits

(Contains Allergen Wheat, Soya, Milk, Egg, Celery, Mustard)

MAINS

10oz Sirloin Steak €29.95

Garlic Sautéed Onions & Mushrooms, Chips, Choice of Peppercorn Sauce or Red Wine Jus

(Contains Allergen Milk, Sulphur Dioxide, Wheat)

Slow Cooked Featherblade Steak €18.95

Yorkshire Pudding, Creamy Mash Potato, Mixed Peppercorn Sauce

(Contains Allergen Wheat, Soya, Milk, Sulphur Dioxide)

Shearwater Beef Burger €17.95

Brioche Bun, Smokey Rasher, Tomatoes, Cheddar Cheese, Pickles, House Sauce and Chips

(Contains Allergen Wheat, Milk, Sulphur Dioxide, Egg, Mustard)

Vegan Option Available

Grilled Chicken Supreme €17.95

Garlic & Onion Fried Baby Potatoes, Grilled Vegetables, Wild Mushroom and Whiskey Sauce.

(Contains Allergen Milk, Sulphur Dioxide)

Fish Of The Day €21.95

Ask your server

(Contains Allergen Fish, Milk, Sulphites)

Traditional Fish and Chips €18.95

Fresh Battered Cod with Chips

(Contains Allergen Fish, Wheat, Milk, Egg, Mustard, Soya)

Steak Sandwich €19.95

Strips of Sirloin Steak, Fried Onion and Mushroom, Pepper Sauce, Toasted Ciabatta and Chips

(Contains Allergen Wheat, Soya, Milk, Sulphur Dioxide, Egg, Mustard)

Creamy Chicken, Mushroom Pasta €16.95

White Wine & Garlic Cream Sauce, Parmesan Shavings,

Sundried Tomato Pesto & Garlic Bread.

(Contains Allergen Milk, Wheat, Sulphites)

Vegetable Stir Fry €16.95

Broccoli, Mixed Peppers, Onion, Noodles, Honey, Ginger and Lemon Sauce

(Contains Allergen Soya, Wheat)

Add Chicken €2.00

Add Prawns €3.00

Add Beef €3.00

Thai Red Curry €16.95

Steamed Rice, Peppers, Onion, Pak Choi, Coriander

(Contains Allergen Crustacean)

Add Chicken €2.00

Add Prawns €3.00

Add Beef €3.00

We are not a Nut Free or Gluten Free Kitchen



SHEARWATER

HOTEL & SPA



≈ SANDWICHES ≈

Make Your Own €6.95

Brown Bread, White Bread, Gluten Free Bread, Tortilla Wrap
(Contains Allergen Wheat, Soya, Dairy, Sulphur Dioxide, Celery, Mustard)

Add Extra Filling €1.50

Grilled Haloumi on Ciabatta €10.50

Halloumi, Tomato, Avocado, Spiced Sauce, Rocket Salad
(Contains Allergen Wheat, Soya, Dairy, Sulphur Dioxide, Egg, Celery, Mustard)

Chicken Ranch Wrap €9.50

Chicken Tenders, Ranch Sauce, Mozzarella, Crispy bacon, Lettuce
(Contains Allergen Wheat, Soya, Dairy, Sulphur Dioxide, Celery, Mustard)

Triple Decker €9.50

Crispy Bacon, Chicken, Tomato, Cheddar Cheese, Onion, Lettuce, Mayonnaise

(Contains Allergen Wheat, Soya, Dairy, Egg, Sulphur Dioxide, Celery, Mustard)

Sandwiches served till 5pm

≈ PIZZA ≈

Margherita €12.00

Pizza Base, Tomato Sauce and Mozzarella Cheese
(Contains Allergen Wheat, Milk)

Pepperoni €14.00

Pizza Base, Tomato Sauce, Mozzarella Cheese and Spicy Pepperoni Sausage

(Contains Allergen Wheat, Milk)

Capricciosa €14.00

Pizza Base, Tomato Sauce, Mozzarella Cheese, Ham & Mushrooms
(Contains Allergen Wheat, Milk)

≈ SIDE EXTRA ≈

€4.00

Chunky Chips

Sweet Potato Fries

Mixed Salad

Sautéed Mushrooms

Sautéed Onions

Onion Rings

Coleslaw

≈ DESSERTS ≈

Selection of Ice Cream €6.95

Wafer basket, Chocolate Cigar
(Contains Allergen Wheat, Soya, Dairy, Egg)

Limoncello Sorbet €6.95

(Contains Alcohol, for Adults only)

Warm Apple and Almond Crumble €6.95

Served with Ice Cream and Custard
(Contains Allergen Wheat, Dairy, Egg, Almonds)

Chocolate Fondant €6.95

Served with Fresh Cream and Ice Cream
(Contains Allergen Wheat, Soya, Milk, Egg)

Cheesecake of the Day €6.95

Served with Fresh Cream and Fruit Puree
(Contains Allergen Wheat, Milk, Egg, Soya)

Eton Mess €6.95

Crunchy Meringue, Fresh Berries, Whipped Cream
(Contains Allergen Milk, Egg)

Gluten Free and Vegan Dessert €6.95

Please ask your server
(Contains Allergen Nuts)

≈ BEVERAGES ≈

Café Latte €3.30 **Hot Chocolate** €3.30

Cappuccino €3.30 **Tea** €2.80

Coffee €3.00 **Scone** €3.00

Espresso €2.80 **Babycino** €1.50

Herbal Tea €3.20

Coke €3.50 **Still Water** €3.30

Diet Coke €3.50 **Orange Juice** €3.50

7 UP €3.50 **Cranberry Juice** €3.40

Diet 7 UP €3.50 **Lucozade** €3.50

Club Lemon €3.30

Club Orange €3.30

Sparkling Water €3.30

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