

Pool Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua 11-11.45am	Aqua 11-11.45am 8.30-9pm		Aqua 11-11.45am 8.30-9pm		Kids Lessons Level 1 11-11.30am Level 2 11.30-12pm	Toddler lessons 10.30 – 11am
	Toddlers 3.30-4 pm				Kids Lessons Level 3 12-12.30pm Level 4 12.30-1pm	Kids Lessons Level 1 & 2 11-11.30am
	Kids Lessons Level 1&2 4-4.30pm	Kids Lessons Level 1 & 2 4-4.30pm				Kids Lessons Level 3 & 4 11.30-12
	Kids Lessons Level 3 & 4 4.30-5pm	Kids Lessons Level 3 & 4 4.30 - 5pm				Kids Lessons Level 5 & 6,7,8 12 – 12.30pm
	Kids Lessons Level 5 & 6,7,8 5- 5.30pm	Kids Lessons Level 5 & 6,7,8 5-5.30pm				
	Adult Lessons Beginner 7.30-8.15pm	Adult Lessons Improvers 7.30-8.15pm				
Adult Only swim 8-9.30pm	Adult Only swim 8-9.30pm	Adult Only swim 8-9.30pm	Adult Only swim 8-9.30pm	Adult Only swim 8-9.30pm	Adult Only swim 7-8.30pm	Adult Only swim 7-8.30pm