

Shearwater Hotel & Spa Bar Menu

Starters

Freshly Made Soup of the Evening

Made fresh daily and served with mini bread rolls

€5.50

(Contains allergen 6 wheat (bread roll) 7, 8, 9, 12)

**Chefs starter special of the evening please ask you waiter
(Allergens are printed on specials list)**

€8.95

Homemade chicken wings

Cajun marinated chicken wings tossed in Louisiana hot sauce, blue cheese dip

Starter €8.95 / Main €12.95

(Contains allergen 7, 8, 9, 13)

Shearwater Sharing Platter

Chefs selection of four savory treats & dips

(€ 4.00 Supplement on packages)

(Allergens 6 wheat, 7, 8, 9, 11, 13)

€10.80

Five Miles goats cheese Filo Tartlet

Filled with mixed roasted peppers, pineapple salsa

(contains allergen 6 wheat, 3 fish, 7, 8, 9, 11 13)

€8.95

Cajun & Lemon marinated Chicken Salad (Vegetarian available on request)

Baby gem lettuce, crispy bacon, shaved parmesan,

Garlic croutons, classic Caesar dressing

Starter €8.95, / Main €12.95

Shearwater Surf & Turf

Marinated beef, tiger prawns in filo, crispy calamari,

Served on a bed of baby leaf salad, blue cheese, lemon & dill dressing

(Contains allergen 6 wheat, 7, 8, 9, 11, 13)

€15.50

Superfood Salad with a Citrus & Greek Yoghurt Dressing

Kale, Roasted Red Peppers, Goats Cheese, Mixed Olives, Quinoa,
Beetroot, Dried Cranberries, Sunflower Seeds, Sun dried Tomatoes

(Contains allergens 7, 8, 9, 11, 13)

€10.50



SHEARWATER HOTEL

CONFERENCE LEISURE WELLNESS



Mains

100% Wagyu Double Beef & Bacon Cheese Burger

Two 4oz Wagyu Beef Burgers, sesame seed sourdough Bun,
Monteray Jack Cheese, Crispy Onion ring, bacon, BBQ
Chunky twice cooked chips & salad
(Contains allergen 6 wheat, 7, 8, 9, 13)

€16.95

Fresh off the boat Fish and Chips

Fresh Fillet of Atlantic cod in a Light Crispy Beer Batter
chunky twice cooked Chips, mushy peas, Tartar Sauce
(Contains allergen 6 wheat 7, 8, 9, 11 13)

€15.50

Shearwater Specialty Beef Brisket Sambo

7 hours cooked beef brisket, Cajun Fried onions & Peppercorn sauce served in a
Quatro deli roll, Chunky twice cooked chips & salad
(Contains allergen 6 wheat, 7, 8, 9,11,13)

€16.95

Buttermilk fried Chicken Breast Sandwich

Garlic & tabasco mayonnaise, sweet chili & lime slaw served in a rustic deli roll,
Chunky twice cooked chips & salad
(Contains allergen 6 wheat, 7, 8, 9, 11 13)

€15.50

Thai Red Coconut Curry

(Vegetarian available on request)

Fresh ginger, mixed peppers,
Served with turmeric spiced Rice with Fresh Coriander
(Contains allergen 8, 9)

Chicken €15.95

Beef €16.50

Prawns €16.50

Creamy Chicken & Crispy Pancetta Fusilli Pasta (gluten free pasta & garlic bread available)

White wine & garlic chive cream sauce, shaved parmesan, basil pesto, garlic bread
(contains allergens 6 wheat, 7,8,9,11,13)

€15.50

Ricotta & Spinach Ravioli

Sun dried tomato & roast pepper sauce, basil pesto, shaved parmesan, garlic bread
(Contains allergens 6 wheat, 7,8,9,11,12,13)

€15.95

(€ 4.00 Supplement on packages)

Chefs daily special Dish of the Day

Please ask your server (specials board)

€15.50

28 days aged 10oz Sirloin Steaks

Garlic stuffed portobello mushrooms & beer battered onion rings, twice cooked chunky chips
Choice of peppercorn sauce or red wine gravy

(Contains allergen 7, 8, 9, 12, 13)

€24.00

(Please allow 15-20 minutes for well-done steaks)

Chefs Signature Dish

8oz fillet steak served on a lava rock

Garlic stuffed portobello mushrooms & beer battered onion rings,

Twice cooked chunky chips, Creamy mixed peppercorn sauce

(Contains allergen 7, 8, 9, 12, 13)

€29.00

Sides Extra €3.50

chef's vegetables of the evening

Chef's potato of the evening

Twice cooked chunky chips

Mixed salad

Sautéed mushrooms

Sautéed onions

Onion rings

(Contains allergen 6 wheat 7, 8, 9, 12,)

Selection of Freshly Made Sandwiches

€5.50

Selection of Freshly Made Toasted Sandwiches

€5.95

Make your own.....

Brown bread, white bread, gluten free bread, tortilla wraps, deli roll
(Contains allergen 6 wheat 7)

Choose from 3 fillings

Ham, chicken, tuna, cheese, onion, tomato, bacon, lettuce,
(Contains allergen 9 11,)

Specialty Sandwiches

BLT

Crispy bacon, cos lettuce, tomato & mayonnaise
(Contains allergen 6 wheat 7,11, 13)
€6.95

Triple decker club sandwich

Chicken, crispy bacon, lettuce & mayonnaise
(Contains allergen 6 wheat 7,11,13)
€8.50

Crispy chicken Caesar wrap

Chicken tenders, cos lettuce, Caesar dressing, parmesan cheese
(Contains allergen 6 wheat 7,11,13)
€8.50

Goats cheese and red onion rustic deli roll

Roasted red peppers, goats cheese, red onion marmalade, basil pesto
(Contains allergen 6 wheat 7,11,13)
€5.95

Toasted Special

Sliced Ham, Cheddar Cheese, red onion, sliced tomato
(contains allergens 6 wheat, 7,11,13)
€5.95

All sandwiches & wraps are served with tortilla chips



Selection of Homemade Desserts

Coconut & Chocolate Ganache Tart
Glenown farm honey comb ice cream
(Contain allergen 6 wheat 7, 11)
€6.85

Blueberry cheesecake
Wild berry compote, Chantilly cream, candied sugar
(Contain allergen 6 wheat 7, 11)
€6.85

**Chefs dessert special of the evening please ask you waiter
(allergens are printed on specials list)**
€6.85

Rustic Apricot Glazed Apple Tartlet
Glenown farm cookie & cream ice cream,
(Allergens 6 wheat, 7,11)
€6.85

Homemade Warm Sticky Toffee pudding
Covered in toffee sauce, Glenown bourbon vanilla ice cream, toasted oats
(Contain allergen 6 wheat 7, 11)
€6.85

Selection of ice cream in a chocolate wafer basket
(Contain allergen 6 wheat 7, 11)
€6.85

